

# Patient Education - Betamethasone 0.08%, Calcipotriene 0.006%, Diphenhydramine 1% Topical Soln

Hillcrest Pharmacy 781 E FT Union Blvd Midvale, UT 84047 – Direct 385-900-1400, Toll Free 1-855-499-2556

## Patient Education Insert

-Apply medication to affected area as prescribed

This medication was compounded by a pharmacy per prescriber request. For external use only. Wash hands before and after use unless the medication is for your hands. Store at room temperature (68 to 77 degrees Fahrenheit). Keep away from children and pets. Do not flush unused medications or pour down a sink or drain. Do not swallow and avoid contact with eyes. Do not use more than your medical provider has instructed you to use. Do not use more often or for longer than you were instructed. Doing any of these may increase the chance of undesirable side effects.

The “Do not use after” date printed on the prescription label is generated using State & Federal compounding laws. Some preparations are made 1-3 days before the prescription is issued, in anticipation of expected demand. If you have any questions or concerns regarding this, please do not hesitate to call and speak to one of our pharmacists.

Do not use if an allergic reaction occurs due to any of the listed active ingredients on the prescription label. Signs of an allergic reaction may include rash hives itching shortness of breath wheezing cough swelling of face, lips, tongue or throat or any other signs.

Contact your medical provider or pharmacy if you have concerns about listed side effects or if you experience unexpected irritation. Notify your medical provider of any medical updates and of all drug changes including over-the-counter and herbal medications.

If you miss an application, apply as soon as you remember. If it is close to the next application, skip the missed application. Do not double applications.

We want to offer you the best service possible. In the event you have a concern or complaint please call the pharmacy at 385-900-1400.

MedWatch: The FDA Safety Information and Adverse Event Reporting Program

Website address: <https://www.fda.gov/Safety/MedWatch/default.htm> - Toll free number: 1-888-463-6332

Your medication contains the following active ingredients. Please review the following:

Betamethasone - Betamethasone is a highly potent steroid that prevents the release of substances in the body that cause inflammation. It is used to treat the inflammation and itching caused by a number of skin conditions such as eczema or psoriasis, and may also be used for purposes not listed in this medication guide.

You should not use betamethasone topical if you are allergic to it.

Tell your doctor if you have ever had: skin irritation after using steroid medicine thinning of the skin where you will apply betamethasone topical cataracts or glaucoma diabetes liver disease adrenal gland problems or any type of skin infection.

It is not known whether this medicine will harm an unborn baby. Tell your doctor if you are pregnant.

It may not be safe to breast-feed a baby while you are using this medicine. Ask your doctor about any risks. If you apply betamethasone to your chest, avoid areas that may come into contact with the baby's mouth.

Do not use betamethasone topical on a child without a doctor's advice. Children can absorb larger amounts of this medicine through the skin and may be more likely to have side effects.

Your skin can absorb topical steroid medicine, which may cause steroid side effects throughout the body. Stop using betamethasone and call your doctor if you have:

- blurred vision, tunnel vision, eye pain, or seeing halos around lights
- slow wound healing, thinning skin, increased body hair
- increased thirst or urination, dry mouth, fruity breath odor
- weight gain, puffiness in your face or
- muscle weakness, tired feeling, depression, anxiety, feeling irritable

Steroids can affect growth in children. Tell your doctor if your child is not growing at a normal rate while using this medicine.

Common side effects may include:

- itching, redness, burning, stinging, or blistering of treated skin
- skin bruising or shiny appearance
- folliculitis (redness or crusting around your hair follicles)

Calcipotriene - Calcipotriene is a man-made form of vitamin D. It is involved in the growth and development of skin cells.

It is used to treat plaque psoriasis (psoriasis with scaly patches) and may also be used for purposes not listed in this medication guide.

Do not take by mouth. Calcipotriene topical is for use only on the skin. Do not use calcipotriene topical on open wounds or on sunburned, windburned, dry, chapped, or irritated skin.

Tell your doctor if you are pregnant or breastfeeding.

Do not use this medicine on a child without medical advice.

Along with its needed effects, calcipotriene topical may cause some unwanted effects. These side effects may go away during treatment as your body adjusts to the medicine.

Also, your health care professional may be able to tell you about ways to prevent or reduce some of these side effects.

Get emergency medical help if you have signs of an allergic reaction: hives difficult breathing swelling of your face, lips, tongue, or throat.

Stop using calcipotriene topical and call your doctor at once if you have:

- High calcium levels confusion, tiredness, nausea, vomiting, loss of appetite, constipation, increased thirst or urination, weight loss.

Common side effects may include:

- Mild skin irritation skin rash or itching.

Check with your health care professional if any of the following side effects continue or are bothersome or if you have any questions about them:

- Burning, dryness, irritation, peeling, or redness of the skin

- Pain at the application site

Diphenhydramine – is an antihistamine medication used to treat allergic reactions, itching, mild topical pain.